

Book says key to life, love is in your aura

By Aimee Heckel (Contact)

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What Pamala Oslie presents a workshop, "The New Paradigm in a Changing World: Discussions About Spirituality, Consciousness, Psychic Phenomena, Past Lives, Life After Death and More"

When 7 p.m. Friday

Where exhibitrek The Gallery, 1711 15th St., Boulder

Tickets \$35, available at www.auracolors.com/auracolors-workshop-order.html

Info 303-998-1711 or www.exhibitrek.com

I don't read self-help books. Especially not relationship self-help books, which often seem such common sense that they're a waste of time. I also tend to err more on the side of "cynical reporter" than "easy-to-convince seeker," especially when it comes to controversial, hard-to-prove topics. You know, Bouldery, new-age stuff, such as a book called "Love Colors: A New Approach to Love, Relationships and Auras."

Auras? When I picked up the new book by California psychic consultant Pamala Oslie, I could tell by the title that it would be a tough sell.

Enter the cliché "don't judge a book by its cover." Because after the first page, Oslie had snagged my curiosity and drawn me in.

It was a different approach to the age-old question of how to find and keep a healthy, happy relationship. Her approach seemed to have enough common sense to be useful, but not so much that it had been said before.

Oslie, who comes to Boulder for a booksigning and presentation next week, is not a stereotypical psychic. She writes with a straightforward clarity and matter-of-factness that I found hard to brush off, no matter the preconceptions. The book starts, "It doesn't seem to matter what culture, faith or background we come from: most of us yearn to experience love."

Well, yes.

And there are some people you're just "drawn" to. It's not necessarily their clothes or job or anything you can pinpoint. You just feel magnetized to them, almost uncontrollably, like you have always known them. You feel energized around them.

Yes and yes. But why is that?

Oslie maintains it is the person's aura, which she defines as an electromagnetic or energy field that emanates from all matter, including people. People with yellow auras typically like to have fun and are childlike and fidgety. Tans are practical, reliable and calm. Violets are visionaries who love to travel. Greens are busy-bodied, quick-witted and driven by money.

"Love Colors" is not designed to prove or disprove the legitimacy of Oslie's beliefs that everyone has a specific aura that gives insight into your personality, needs, communication styles, career matches and — specifically for this book — your compatible relationship partners.

She says her book is designed as a guide to help understand ourselves and the people around us. Even if you don't believe in auras, the explanations and tips make sense, in a sort of Myers-Briggs test kind of way. Just more fun. You can just substitute "personality types" for "auras."

Oslie's book is organized into bite-sized pieces that are easy to swallow, which makes them easier to accept. It is enhanced by its interactivity. Chapter two is a series of tests that walk you through the various aura colors and their traits. After identifying your "love colors," the book explains each color in-depth, and then pairs them with other colors that are supposed to be harmonious. It then walks through different color pairs and explains their dynamics: why they are attracted to each other, why they work together (or not) and how to communicate and understand each other to keep your colors "in power," or working toward the positive.

The book also offers suggestions on where to find people with compatible love colors, how to approach them and jobs that fit your type.

The book's tips are helpful, in a non-lecturing kind of way. The book is entertaining and fresh.

Unless you have a red aura, that is. Reds are strong-willed and practical. Much harder to convince than even a "cynical reporter" type, who turns out to have enough yellow in her aura to find even a new-agey book enough fun to recommend.

For more information, visit out www.pamoslie.com or www.auracolors.com.

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