

Teresa & Joseph

After meeting with Pam and discovering my aura colors I was inspired to develop what I knew were my "true colors". I am a violet/yellow and this color combination, as Pam explained to me, is artistic and visionary. I started to make the time to add more creative activities to my life knowing that when you are true to who you really are, you can create more joy in your life.

A person who has the yellow/violet aura color combination also likes to teach others, in an inspirational way, to create new ways of thinking and or being in the world. Healing people through the emotions and psyche is another strength for yellow/violets. We are drawn to partners who can share in our vision, but who can also be a playful friend.

When I met my husband I knew we shared the yellow part of our aura colors. Knowing that yellows like to be physical, as yellow is a physical life color, and have playful child like personalities helped me to enjoy this part of myself and to share it with my partner (and husband to be!). He also had logical tan in his aura, which I learned is a good compliment for me. Logical tan can ground someone with violet in his aura. This provides a good balance because as a violet color I can lose site of the practical side of things.

I have my wonderful partner who helps me to see things from his perspective; practical, analytical and methodical. Tans value the stable lifestyle and security in knowing what will be. Violets on the other hand are off dreaming and thinking of lofty ideas. Sometimes these color matches can be frustrating for each other as we do think in opposite ways. But they can also compliment, for example, my violet can help make it easier my tan husband to articulate what he is truly feeling. And my husband's responsible side can help me to get on track in the financial area. Having a combination color makes us a great match! We both love to play and be physically active.

As my relationship with my husband deepens it has been extremely beneficial for me to know about the aura colors. When he is feeling some stress, I know it is time for him to go swimming or play volleyball or anything that would get him moving out in nature. And he has learned that while I enjoy the playful outlet I mostly have to release stress through the emotions or through verbally communicating. So we go for walks and talk and we are both satisfied! I also know that when he gets practical with me he is just being a tan, which is part of who he is and I do not have to take it personally.

I love that we share the yellow part of our personalities, we are both sensitive and caring and those are always great qualities to bring to any relationship. We met and married in less than a year and continue to grow in knowing each other. We both met with Pam to further our understanding of the aura colors and how they work in understanding relationships. It is a great asset to know what makes your partner tick.



Teresa is 42. Joseph is 40.